



MENU

| HS Week 34 04.29.24-05.03.24 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|--|--|--|--|--|
| | General Tsos Chicken Popcorn Chicken With Brown Rice Steamed Broccoli | Breakfast for Lunch Glazed Chicken Leg With Dutch Waffle Breakfast Potatoes | Korean Beef Seasoned Beef With Lo'Mein Noodles Seasoned Carrots | Chicken Alfredo With Penne Pasta Seasoned Green Beans Garlic Bread Stick | All Beef Marinara Meatball Subs With Baked French Fries |
| | Cheese Pizza Pepperoni Pizza BBQ Chicken Pizza | Cheese Pizza Pepperoni Pizza Vegetable Pizza | Cheese Pizza Pepperoni Pizza Buffalo Chicken | Cheese Pizza Pepperoni Pizza Vegetable Pizza | Cheese Pizza Pepperoni Pizza Supreme Pizza |
| | Chicken Tenders Carrot Sticks & Celery Sticks Garlic Bread Stick Homemade House Sauces | Boneless Wings Carrot Sticks & Celery Sticks Dinner Roll Homemade House Sauces | Chicken Tenders Carrot Sticks & Celery Sticks Garlic Bread Stick Homemade House Sauces | Boneless Wings Carrot Sticks & Celery Sticks Dinner Roll Homemade House Sauces | Chicken Tenders Carrot Sticks & Celery Sticks Garlic Bread Stick Homemade House Sauces |
| | Spicy Chicken Filet Sandwich | Hamburger Cheeseburger Bosco Sticks with Marinara Sauce | Chicken Filet Sandwich | Hamburger Cheeseburger Bosco Sticks with Marinara Sauce | Spicy Chicken Filet Sandwich |
| | Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily | Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily | Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily | Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily | Choice of Seasoned Beef or Chicken Brown Rice, Cauliflower Rice, Black Beans, Pinto Beans, Sautéed Peppers and Onions, Queso, Corn Salsa, Tomato Salsa, Black Olives, Jalapeno Peppers, Shredded Cheese, Shredded Lettuce, and Sour Cream. Tortilla Chips or Tortilla Shells Served Daily |
| | <p>Fresh Salad Bar Options</p> <p>Adult Nutri-Bar: Chopped Romaine, Spring Mix, Cucumbers, Mushrooms, Black Olives, Beets, Garbanzo Beans, Tomatoes, Shredded Carrots, Red Onion, Broccoli, Roasted Cauliflower, Green and Red Peppers, Hummus, Pita Bread, Shredded Cheese, Cottage Cheese, Roasted Corn, Cranberries, Sunflower Seeds etc. Items may vary daily.</p> <p>Student Fresh Salad Bar: Chopped Romaine, Cucumbers, Tomatoes, Onions, Black Olives, Garbanzo Beans, Beets, Shredded Carrots, Peppers, Celery, Cranberries, Croutons, etc. Items may vary daily.</p> <p>Freshly Made Grab and Go Entrée Salads, Sub Sandwiches, Hummus Bistro Boxes, and Yogurt Parfaits Available Daily</p> | | | | |

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.

This Institution is an Equal Opportunity Provider

